





# STATISTICAL SERVICE

1444 NICOSIA

Form: E.H.I.S. 1

# EUROPEAN HEALTH INTERVIEW SURVEY

## **STRICTLY CONFIDENTIAL**

	HOU	SEHOLD ROASTER
1		
1.	Interviewer's Code (IntervNr):	
2.	Household Serial Number (Key):	
3.	Address (GEN.3):	
4.	Municipality (GEN.4):	
5.	Quarter (GEN.5):	
6.	District (GEN.6):	
7.	Geographic Code (GEN.7):	
8.	Degree of urbanization (GEN.9):	Densely-populated area Intermediate area Thinly-populated area
9.	Telephone (GEN.11):	
10.	Week of the interview (GEN.12):	15-21/09/14 10-16/11/14 22-28/09/14 17-23/11/14 29/09-05/10/14 24-30/11/14 06-12/10/14 01-07/12/14 13-19/10/14 08-14/12/14 20-26/10/14 15-21/12/14 27/10-02/11/14 22-28/12/14
11.	Date of the interview (GEN 13):	

#### **EUROPEAN HEALTH INTERVIEW SURVEY 2014**

#### FOR THE HOUSEHOLD REFERENCE PERSON

General questions for the household

## NOPERSON How many persons live in the household?

The following persons should be considered as household members: Persons usually resident but not related to other household members, resident boarders, lodgers, tenants, visitors, etc. with no private address elsewhere who stay or have the intention to stay one year or more, persons usually resident but temporarily absent (for reasons of holiday travel, work, education or similar) with no private address elsewhere who are absent or intent to be absent less than one year, persons absent for long periods but having househlod ties (e.g. persons working abroad).

Number of household members: .....

#### **ROASTER** Members of the household:

Person No	Name (only the first name)	SEX 1. Male 2. Female	Date of birth //	Spouse's number *	Mother's number *	Father's number *
01						
02						
03						
04						
05						
06						
07						
08						
09						
10						

**Note:** To 01 for the Person No always note the household reference person

\* Code "-1" if he/she is not member of the household

# **EUROPEAN HEALTH INTERVIEW SURVEY 2014**

5/IN			Question	H/h Member Number						
5/11	Questions - answers	Codes	flow							

## FOR ALL AGES

RTH	What is the relationship with the household	refere	nce perso	n?			
	Household reference person	1					
	Spouse or cohabitant of the household						
	reference person	2					
	Child of the household reference person or of						
	the household reference person's spouse or						
	cohabitant	3					
	Parents of the household reference person or						
	the household reference person's spouse or						
	cohabitant	4					
	Other relatives (grandchild, brother/sister,						
	brother/sister in law)	5					
	Domestic employee	6					
	Other non-relatives	7	↓				

HHTYPE	Type of household		
	To be completed from the supervisor based on t	he inf	information entered on the household roaster.
	One-person household	10	0
	Lone parent with child(ren) aged less than 25	21	1
	Couple without child(ren) aged less than 25	22	2
	Couple with child(ren) aged less than 25	23	3
	Couple or lone parent with child(ren) aged less	24	4
	than 25 and other persons living in household		
	Other type of household	25	5

BIRTHPLACE	You were born in					
	Cyprus	1				
	In another EU Member State	2				
	Please specify					
	In a non-EU country	3				
	Please specify					

CITIZEN	Your current citizenship is					
	Cypriot	1				
	National of other EU Member State	2				
	Please specify					
	National of non-EU country	3				
	Please specify		\ \			

## FOR PERSONS AGE 15 AND OVER

MARSTAT1	What is your marital status?	1						
	Never married	1	HATLEVEL					-
	Married	$\frac{1}{2}$						
	Widowed and not remarried		HATLEVEL					
		3	HATLEVEL					
	Divorced and not remarried	4	HATLEVEL					
	Cohabitant	5	₩					
MARSTAT2	What is your legal marital status?							
W11110 11112	What is your regar married seatus.		,					
	Never married	1						
	Married	2						
	Widowed and not remarried	3						
	I W Idowed and not remarried							
HATLEVEL	Divorced and not remarried  Which is the highest level of education or tra	4 aining	successfull	y com	pleted	so far	?	
HATLEVEL	Divorced and not remarried	'	<b>↓</b> successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra  Please include any vocational training.	aining	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education	aining 0	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra  Please include any vocational training.  No formal education  Not completed primary education	aining 0 1	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school	0 1 2	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades)	aining 0 1	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades) Upper Secondary, Technical or Vocational	0 1 2 3	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades)	0 1 2	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades) Upper Secondary, Technical or Vocational education	0 1 2 3 4	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades) Upper Secondary, Technical or Vocational education Post secondary not tetriary (<2 years)  Tertiary non-university (2-3 years vocational	0 1 2 3 4	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades) Upper Secondary, Technical or Vocational education Post secondary not tetriary (<2 years)  Tertiary non-university (2-3 years vocational studies, e.g. HTI, HHIC, private college etc)	0 1 2 3 4 5	successfull	y com	pleted	so far	?	
HATLEVEL	Which is the highest level of education or tra Please include any vocational training.  No formal education Not completed primary education Primary school Lower Secondary (first 3 grades) Upper Secondary, Technical or Vocational education Post secondary not tetriary (<2 years)  Tertiary non-university (2-3 years vocational	0 1 2 3 4 5	successfull	y com	pleted	so far	?	

MAINSTAT1	Do you usually work?					
	Yes	1				
	No	2				
	Don't know/not sure/don't remember	8				
	Refusal	9				

MAINSTAT2	Did you work last week even for one hour?					
	Yes	1	FT_PT			
	No	2				
	Don't know/not sure/don't remember	8				
	Refusal	9	₩			

MAINSTAT3	What did you do?								
	With a job but happened not to work	1							
	Unemployed, never worked before	2	<b>↑</b>						
	Unemployed, previously in employment	3							
	Pupil/student in Cyprus	4							
	Pupil/student in Cyprus Pupil/student abroad	5							
			If						
	In the army	6	RTH=1,						
	Housework/care of children	7	then						
	In retirement	8	HHINCOME						
	Income recipient	9							
	Permanently disabled	10							
	Other inactive person	11							
	Please describe								
		-		·		•	•		
FT_PT	Do you work on a full-time or part-time ba	sis?							
	Full time	1							
	Part time	2	\ \						
JOBSTAT	What is your employment status in the bus	iness/se	rvice wher	e you v	work				
	Self-employed with employees	1							
	Self-employed without employees	2							
	Employee with a permanent job or work								
	contract of unlimited duration	3							
	Employee with a temporary job or work								
	contract of limited duration	4							
	Unpaid family worker	5							
	onputa family worter		V						
JOBISCO	What is your occupation in the business/ser	rvice w	here vou w	ork?					
	-								
	Member 1:								
	Detailed description of main occupation in the	is job:							
						<u>.</u>			
						(ISCO	-08 C	OM, 2	digits)
	Member 2:								
	Detailed description of main occupation in the	is job:							
				· · · · · · · ·			• • • • • • • •		
						(ISCO	0-08 C	OM, 2	digits)
	Member 3:								
	Detailed description of main occupation in the	ic iob:							
	Detailed description of main occupation in the	is job.							
					T	hsco		OM, 2	digita)
						LISCO	7-00 C	J1V1, 2	uigits)
	Member 4:								
	Detailed description of main occupation in the	is job:							
						(ISCO	-08 C	OM, 2	digits)
					•	• '		•	<i>\( \)</i>
	Member 5:								
	Detailed description of main occupation in the	is job:							
				. <u></u>					
						(ISCO	-08 C	OM, 2	digits)

	Member 6:								
	Detailed description of main occupation in this job:								
	(ISCO-08 CO	 DM, 2 digits)							
LOCNACE	What is the economic activity of the local unit of the business/service where you work? (e.g. printing office, law firm). Give also the name of the business.								
	Detailed description	NACE Rev.2							
	Detaned description	2 digits							
	Member 1:								
	Member 2:								
	Member 3:								
	Member 4:								
	Member 5:								
	Member 6:								
	ONLY FOR THE HOUSEHOLD REFERENCE PERSON								
HHINCOME	What is the NET MONTLY INCOME of your household last month, if you sum up th income for all the members of your household?	e net							
	The income includes the salary from work, social benefits, income from capital and any othe income, also taking into account the regular inter-household cash transfers paid and received deducting the Income Tax and contributions to the Social Insurance Fund. Other deductions installments and provident fund should NOT be taken into consideration. Regular overtime, and tips, travel allowances and compensation for shift work are included.	d, after s like loan							
	NET MONTLY INCOME of the household: €  Don't know/not sure/don't remember	HS1							

 ${\it Please hand to the respondent the CARD~"INCOME" presenting the income categories.}$ 

HHINCOME2	Thinking of the net monthly income of your	housel	hold, i.e summing up the net monthly					
	income of all the mebmers of your househols, in which category does it fall?							
			1					
	Up to 900€	1						
	901€1200€	2						
	1201€1500€	3						
	1501€1900€	4						
	2001€2300€	5						
	2301€2800€	6						
	2801€3500€	7						
	3501€4000€	8						
	4001€5500€	9						
	More than 5501€	10						
	Don't know/not sure/don't remember	88						
	Refusal	89						

S/N	Ouestions - answers	Codes	Question	H/h Member Number					
5/14	Questions - answers	Codes	flow						

## FOR PERSONS AGED 15 AND OVER

# Self-perceived health status

HS1	How is your health in general? Is it  Interviewer, read out the answers and code the first that applies.								
	merviewer, retail our me unswers und co		таг аррис.						
	Very good	1							
	Good	2							
	Fair	3							
	Bad	4							
	Very bad	5							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						

HS2	Do you have any longstanding illness or longstanding health problem?								
P	By longstanding I mean illnesses or health problems which have lasted, or are expected to last, for 6								
	months or more.	-				•		· ·	
	Yes	1							
	No	2							
	Don't know/not sure/don't remember	8							
	Refusal	9							

HS3	For at least the past 6 months, to what extent have you been limited because of a health proble						blem			
P	in activities people usually do?									
	Interviewer, the limitation should have la	sted for a	t least th	ie pa	st 6 me	onths (	not ex	pected	to last	).
		T	Ι.			,			ĺ	
	Severely limited	1								
	Limited but not severely	2								
	Not limited at all	3								
	Don't know/not sure/don't remember	8								
	Refusal	9	▼							

## FOR ALL AGES

## Diseases and chronic conditions

Interviewer, hand SHOWCARD 1 with the diseases and ask for all the diseases.

You are holding a list with several diseases. I will read out all the diseases and I would like to know:

Member 1:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSA
a. Asthma (allergic asthma				
included)	1	2	8	9
b. Chronic bronchitis, chronic				
obstructive pulmonary disease,				
emphysema	1	2	8	9
c. Myocardial infarction (heart				
attack) or chronic consequences				
of myocardial infarction	1	2	8	9
d. Coronary heart disease or				
angina pectoris	1	2	8	9
e. High blood pressure				
(hypertension)	1	2	8	9
f. Stroke (cerebral haemorrhage,				
cerebral thrombosis) or chronic				
consequences of stroke	1	2	8	9
g. Arthrosis (arthritis excluded)	1	2	8	9
h. Rheumatoid arthritis	1	2	8	9
i. Lupus erythematosus	1	2	8	9
j. Osteoarthritis	1	2	8	9
k. Osteoporosis	1	2	8	9
l. Low back disorder or other				
chronic back defect	1	2	8	9
m. Neck disorder or other				
chronic neck defect	1	2	8	9
n. Spinal cord injury	1	2	8	9
o. Diabetes (gestational diabetes				
excluded)	1	2	8	9
p. Allergy (e.g. rhinitis, hay				
fever, eye inflammation,				
dermatitis, food allergy or other				
allergy). Allergic asthma	1	_		^
excluded.	1	$\frac{2}{2}$	8	9
q. Cirrhosis of the liver	1	2	8	9
r. Urinary incontinence,				
problems in controlling the	1	2	0	0
bladder	1 1	2 2	8 8	9 9
s. Kidney problems	_			
t. Cancer (malignant tumour,	1	2	8	9
also including leukaemia and lymphoma)				
u. Depression	1	2	8	9
v. Autism	1	2	8	9
w. Down syndrome	1	2	8	9
x. Altzhaimers disease	1	2	8	9
y. Anorexia nervosa	1	2	8	9

During the past 12 months, have y	ou had any of t	he following dise	ases or conditions?	
Member 2:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSAL
a. Asthma (allergic asthma				
included)	1	2	8	9
b. Chronic bronchitis, chronic				
obstructive pulmonary disease,				
emphysema	1	2	8	9
c. Myocardial infarction (heart				
attack) or chronic consequences				
of myocardial infarction	1	2	8	9
d. Coronary heart disease or				
angina pectoris	1	2	8	9
e. High blood pressure				
(hypertension)	1	2	8	9
f. Stroke (cerebral haemorrhage,				
cerebral thrombosis) or chronic				
consequences of stroke	1	2	8	9
g. Arthrosis (arthritis excluded)	1	2	8	9
h. Rheumatoid arthritis	1	2	8	9
i. Lupus erythematosus	1	2	8	9
j. Osteoarthritis	1	2	8	9
k. Osteoporosis	1	2	8	9
l. Low back disorder or other	1	2	0	,
chronic back defect	1	2	8	9
m. Neck disorder or other	1	_	Ü	
chronic neck defect	1	2	8	9
n. Spinal cord injury	1	2	8	9
o. Diabetes (gestational diabetes	1	_	Ü	
excluded)	1	2	8	9
p. Allergy (e.g. rhinitis, hay				
fever, eye inflammation,				
dermatitis, food allergy or other				
allergy). Allergic asthma				
excluded.	1	2	8	9
q. Cirrhosis of the liver	1	2	8	9
r. Urinary incontinence,				
problems in controlling the				
bladder	1	2	8	9
s. Kidney problems	1	2	8	9
t. Cancer (malignant tumour,	1	2	8	9
also including leukaemia and				
lymphoma)				
u. Depression	1	2	8	9
v. Autism	1	2	8	9
w. Down syndrome	1	2	8	9
x. Altzhaimers disease	1	2	8	9
y. Anorexia nervosa	1	2	8	9

CD1	During the past 12 months, have	e you had any of t	he following disea	ses or conditions?	
P	Member 3:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSAL
	a. Asthma (allergic asthma included) b. Chronic bronchitis, chronic	1	2	8	9
	obstructive pulmonary disease, emphysema	1	2	8	9
	c. Myocardial infarction (heart attack) or chronic consequences of myocardial infarction	1	2	8	9
	d. Coronary heart disease or angina pectoris	1	2	8	9
	e. High blood pressure (hypertension)	1	2	8	9
	f. Stroke (cerebral haemorrhage,	•	_		
	cerebral thrombosis) or chronic consequences of stroke	1	2	8	9
	g. Arthrosis (arthritis excluded)	1	2	8	9
	h. Rheumatoid arthritis	1	2	8	9
	i. Lupus erythematosus	1	2	8	9
	j. Osteoarthritis	1	2	8	9
	k. Osteoporosis	1	2	8	9
	l. Low back disorder or other	-	_	Ů	
	chronic back defect	1	2	8	9
	m. Neck disorder or other		_	_	
	chronic neck defect	1	2	8	9
	n. Spinal cord injury o. Diabetes (gestational diabetes	1	2	8	9
	excluded) p. Allergy (e.g. rhinitis, hay fever, eye inflammation, dermatitis, food allergy or other allergy). Allergic asthma	1	2	8	9
	excluded.	1	2	8	9
	q. Cirrhosis of the liver r. Urinary incontinence,	1	2	8	9
	problems in controlling the bladder	1	2	8	9
	s. Kidney problems	1	2	8	9
	t. Cancer (malignant tumour,	1	2	8	9
	also including leukaemia and lymphoma)	1	2	o	9
	u. Depression	1	2	8	9
	v. Autism	1	2	8	9
	w. Down syndrome	1	2	8	9
	x. Altzhaimers disease	1	2	8	9
		1			9
	y. Anorexia nervosa	1	2	8	9

During the past 12 months, have	you had any of t	he following disea	ses or conditions?	
Member 4:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSAI
a. Asthma (allergic asthma included)	1	2	8	9
b. Chronic bronchitis, chronic				
obstructive pulmonary disease,	_	_		
emphysema	1	2	8	9
c. Myocardial infarction (heart				
attack) or chronic consequences				
of myocardial infarction	1	2	8	9
d. Coronary heart disease or				
angina pectoris	1	2	8	9
e. High blood pressure	_	_		
(hypertension)	1	2	8	9
f. Stroke (cerebral haemorrhage,				
cerebral thrombosis) or chronic				
consequences of stroke	1	2	8	9
g. Arthrosis (arthritis excluded)	1	2	8	9
h. Rheumatoid arthritis	1	2	8	9
i. Lupus erythematosus	1	2	8	9
j. Osteoarthritis	1	2	8	9
k. Osteoporosis	1	2	8	9
1. Low back disorder or other	1	2	O	
chronic back defect	1	2	8	9
m. Neck disorder or other				
chronic neck defect	1	2	8	9
n. Spinal cord injury	1	2	8	9
o. Diabetes (gestational diabetes				
excluded)	1	2	8	9
p. Allergy (e.g. rhinitis, hay				
fever, eye inflammation,				
dermatitis, food allergy or other				
allergy). Allergic asthma excluded.	1	2	8	0
				9
q. Cirrhosis of the liver r. Urinary incontinence,	1	2	8	9
problems in controlling the				
bladder	1	2	8	9
s. Kidney problems	1	2	8	9
t. Cancer (malignant tumour,	1	2	8	9
also including leukaemia and	1	2	G	7
lymphoma)				
u. Depression	1	2	8	9
v. Autism	1	2	8	9
w. Down syndrome	1	2	8	9
x. Altzhaimers disease	1	2		
			8	9
y. Anorexia nervosa	1	2	8	9

	l		DONE WYOU STOR	
Member 5:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSAI
a. Asthma (allergic asthma				
included)	1	2	8	9
b. Chronic bronchitis, chronic				
obstructive pulmonary disease,				
emphysema	1	2	8	9
c. Myocardial infarction (heart				
attack) or chronic consequences				
of myocardial infarction	1	2	8	9
d. Coronary heart disease or				
angina pectoris	1	2	8	9
e. High blood pressure				
(hypertension)	1	2	8	9
f. Stroke (cerebral haemorrhage,				
cerebral thrombosis) or chronic				
consequences of stroke	1	2	8	9
g. Arthrosis (arthritis excluded)	1	2	8	9
h. Rheumatoid arthritis	1	2	8	9
	_			
i. Lupus erythematosus	1	2	8	9
j. Osteoarthritis	1	2	8	9
k. Osteoporosis	1	2	8	9
l. Low back disorder or other				
chronic back defect	1	2	8	9
m. Neck disorder or other				
chronic neck defect	1	2	8	9
n. Spinal cord injury o. Diabetes (gestational diabetes	1	2	8	9
excluded)	1	2	8	9
p. Allergy (e.g. rhinitis, hay	1	2	0	
fever, eye inflammation,				
dermatitis, food allergy or other				
allergy). Allergic asthma				
excluded.	1	2	8	9
q. Cirrhosis of the liver	1	2	8	9
r. Urinary incontinence,	1	2		7
problems in controlling the				
bladder	1	2	8	9
s. Kidney problems	1	2	8	9
t. Cancer (malignant tumour,				
also including leukaemia and	1	2	8	9
_				
lymphoma)				
u. Depression	1	2	8	9
v. Autism	1	2	8	9
w. Down syndrome	1	2	8	9
x. Altzhaimers disease	1	2	8	9
y. Anorexia nervosa	1	2	8	9

1			DOME KNOWATOR	
Member 6:	YES	NO	DON'T KNOW/NOT SURE/DON'T REMEMBER	REFUSA
a. Asthma (allergic asthma				
included)	1	2	8	9
b. Chronic bronchitis, chronic				
obstructive pulmonary disease,				
emphysema	1	2	8	9
c. Myocardial infarction (heart				
attack) or chronic consequences				
of myocardial infarction	1	2	8	9
d. Coronary heart disease or				
angina pectoris	1	2	8	9
e. High blood pressure				
(hypertension)	1	2	8	9
f. Stroke (cerebral haemorrhage,				
cerebral thrombosis) or chronic				
consequences of stroke	1	2	8	9
g. Arthrosis (arthritis excluded)	1	2	8	9
h. Rheumatoid arthritis	1	2	8	9
i. Lupus erythematosus	1	2	8	9
j. Osteoarthritis	1	2	8	9
k. Osteoporosis	1	2	8	9
l. Low back disorder or other	1	2	0	0
chronic back defect m. Neck disorder or other	1	2	8	9
chronic neck defect	1	2	8	9
n. Spinal cord injury o. Diabetes (gestational diabetes	1	2	8	9
excluded)	1	2	8	9
p. Allergy (e.g. rhinitis, hay	1	2	0	9
fever, eye inflammation,				
dermatitis, food allergy or other				
allergy). Allergic asthma				
excluded.	1	2	8	9
q. Cirrhosis of the liver	1	2	8	9
r. Urinary incontinence,		_		•
problems in controlling the				
bladder	1	2	8	9
s. Kidney problems	1	2	8	9
t. Cancer (malignant tumour,	1	2	8	9
also including leukaemia and	1	2		2
lymphoma)				
u. Depression	1	2	8	9
v. Autism	1	2	8	9
w. Down syndrome	1	2	8	9
x. Altzhaimers disease	1	2	8	9
y. Anorexia nervosa	1	2	8	9

## FOR ALL AGES

## Accidents and injuries

Interviewer, for questions AC1-AC2	please hand SHOWCARD 2 with	the types of accidents under study.
		The type of the control that the control of the con

miervi	ewer, jor questions AC1-AC2 piease nana SH0	OWCAI	KD	2 wiin i	ine iy	pes oj a	ссіаені	s unaer	siuay.		
AC1 P	In the past 12 months, have you had any accident or leisure accident) resulting in Injuries resulting from poisoning or inflicte Injuries caused by wilful acts of other personal parts.	<b>injury</b> ? d by an	? iim	als or in					fic acci	dent, ho	me
		Yes	m No	Don't know	Refusal						
	A. Road traffic accident		2	8	9						
	B. Home accident		2	8	9						
	C. Leisure accident	1	2	8	9						
AC2 P	If you had more than one accidents, thinl this accident? And if yes, what type of me This question should be asked only to perso	edical o	car	e?						e as a r	esult of
	Yes, I was admitted to a hospital or any other health facility and stayed overnight Yes, I was admitted to a hospital or any other health facility but did't stay overnight	1									
	Yes, I got medical care from a doctor or nurse, but not on a hospital level (outpatient level)	3									
	No consultation or intervention was necessary	4									
	Don't know/not sure/don't remember Refusal	8 9									
	Next question is to That is, if MAINSTAT2=1 or MAINSTA							e go to q	question	PL1.	
AW1 P	In the past 12 months, have you been abs All kind of diseases, injuries and other heal into account.							-		ould be to	aken
	Yes	1		<b>\</b>							
	No	2		PL1							
	Don't know/not sure/don't remember	8		PL1							
]	Refusal	9		PL1				<u></u>	<u> </u>	<u> </u>	<u> </u>
AW2	In the past 12 months, how many days in The question refers to calendar days, i.e. we Interviewer, promt only if necessary "an est	eekends	s oi	r formal	holi						
	1			•							
	Number of days  Don't know/not sure/don't remember Refusal	998 999									

## FOR PERSONS AGED 15 AND OVER

#### Vision

Interviewer, if the respondent is completely blind do not ask question PL1. Mark with code "3" and then go to PL3.

PL1	Do you wear glasses or contact lenses?					
P						
	Yes	1				
	No	2				
	I am blind or cannot see at all	3	PL3			
	Don't know/not sure/don't remember	8	PL3			
	Refusal	9	PL3			

For questions PL2, PL4-PL7, hand SHOWCARD 3, with the answer categories.

L2 Do you have difficulty seeing even v	wearing your	glasses or co	ntact lens	ses?		
No difficulty	1					
Some difficulty	2					
A lot of difficulty	3					
Cannot do at all/ Unable to do	4					
Don't know/not sure/don't remember	8					
Refusal	9	<b>+</b>				

## Hearing

Interviewer, if the respondent is completely deaf do not ask question PL3. Mark with code "3" and then go to PL6.

PL3	Do you use a hearing aid?					
P						
	Yes	1				
	No	2				
	I am profoundly deaf	3	PL6			
	Don't know/not sure/don't remember	8	PL6			
	Refusal	9	PL6			

Do you have difficulty hearing what is when using your hearing aid?	said in a c	onversation	with one	other p	erson i	n a quit	e room,	, even
No difficulty	1							
Some difficulty	2							
A lot of difficulty	3	<b>+</b>						
Cannot do at all/ Unable to do	4	PL6						
Don't know/not sure/don't remember	8	PL6						
Refusal	9	PL6						

even when using your hearing aid?					
No difficulty	1				
Some difficulty	2				
A lot of difficulty	3				
Cannot do at all/ Unable to do	4				
Don't know/not sure/don't remember	8				
Refusal	9	\			

# Mobility

PL6 P	Do you have difficulty walking 500 meter another person?	rs on lev	el ground wit	hout th	e use of	any aid	l or any	help fr	om
	No difficulty Some difficulty A lot of difficulty Cannot do at all/ Unable to do Don't know/not sure/don't remember Refusal	1 2 3 4 8 9	PL7 PL7 PL7						
PL6.1	Do you use a wheelchair?								
P									
	Yes, all the time	1	1 1						
	Yes, occasionally	2							
	Not at all	3							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						
PL7	Do you have difficulty walking up or do	wn 12 ste	eps?			ı	1	r	
P			l .						
	No difficulty	1							
	Some difficulty	2							
	A lot of difficulty	3							
	Cannot do at all/ Unable to do	4							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						

## FOR PERSONS AGED 65 AND OVER

## Personal care

Interviewer, for question PC1 please hand SHOWCARD 4 with the activities under study and the answer categories. Any temporary problems should not be taken into account.

Do you usually have difficulty doing any o	f these activities with	out help?				
Member 1:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusa
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9
Member 2:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusa
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9
Member 3:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusa
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9

Member 4:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusal
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9
Member 5:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusal
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9
Member 6:						
ACTIVITY	No difficutly	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Don't know/ not sure/ don't remember	Refusal
A. Feeding yourself?	1	2	3	4	8	9
B. Getting in and out of a bed or chair?	1	2	3	4	8	9
C. Dressing and undressing?	1	2	3	4	8	9
D. Using toilet?	1	2	3	4	8	9
E. Bathing or showering?	1	2	3	4	8	9

Interviewer, if the answer to question PC1 is 2, 3 or 4 for at least 1 activity go to question PC2. If all the answers are 1, 8 or 9 go to question HA1.

# FOR PERSONS AGED 65 AND OVER

## Personal care

The following questions PC2-PC3, refer to those activities you have difficulties.

PC2	Do you usually have help for any of these	activiti	es?			
P						
	Yes, with at least one activity	1				
	No	2				
	Don't know/not sure/don't remember	8	HA1			
	Refusal	9	HA1			

PC3	Would you need (more) help?					
	Yes, with at least one activity	1	1 1			
	No	2				
	Don't know/not sure/don't remember	8				
	Refusal	9	▼			

## FOR PERSONS AGED 65 AND OVER

## Other household activities

Interviewer, for question HA1 hand SHOWCARD 5 with the activities under study and the answer categories. Any temporary problems should not be taken into account.

Member 1:	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refusa
A. Preparing meals?	1	2	3	4	5	8	9
B. Using the telephone?	1	2	3	4	5	8	9
C. Shopping?	1	2	3	4	5	8	9
D. Managing medication?	1	2	3	4	5	8	9
E. Light housework?	1	2	3	4	5	8	9
F. Occasional heavy housework?	1	2	3	4	5	8	9
G. Taking care of finances and everyday administrative tasks(e.g.bill payments, bank)	1	2	3	4	5	8	9
IN ( 1 2 -							
Member 2:	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refus
A. Preparing meals?	No difficulty	Some difficulty 2		all/ Unable to	Do not need to	not sure/ don't	Refus
	No difficulty  1 1		difficulty	all/ Unable to do	Do not need to do it	not sure/ don't remember	
A. Preparing meals? B. Using the telephone? C. Shopping?	No difficulty  1 1 1	2	difficulty  3	all/ Unable to do	Do not need to do it	not sure/ don't remember 8	9
A. Preparing meals? B. Using the telephone?	No difficulty  1 1 1 1 1	2 2	3 3 3 3 3	all/ Unable to do	Do not need to do it  5 5	not sure/ don't remember 8	9
A. Preparing meals? B. Using the telephone? C. Shopping?	No difficulty  1 1 1 1 1 1 1 1 1	2 2 2 2	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	all/ Unable to do  4 4 4 4	Do not need to do it  5 5 5 5 5 5 5 5	not sure/ don't remember  8 8 8 8 8	9 9
A. Preparing meals? B. Using the telephone? C. Shopping? D. Managing medication?	No difficulty  1 1 1 1 1 1 1 1 1 1 1	2 2 2 2 2	3 3 3 3 3	all/ Unable to do  4 4 4 4 4	Do not need to do it  5 5 5 5 5	not sure/ don't remember  8 8 8 8	9 9

Member 3:	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refusal
A. Preparing meals?	1	2	3	4	5	8	9
B. Using the telephone?	1	2	3	4	5	8	9
C. Shopping?	1	2	3	4	5	8	9
D. Managing medication?	1	2	3	4	5	8	9
E. Light housework?	1	2	3	4	5	8	9
F. Occasional heavy housework?	1	2	3	4	5	8	9
G. Taking care of finances and everyday administrative tasks(e.g.bill payments, bank)	1	2	3	4	5	8	9
Member 4:	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refusal
A. Preparing meals?	1	2	3	4	5	8	9
B. Using the telephone?	1	2	3	4	5	8	9
C. Shopping?	1	2	3	4	5	8	9
D. Managing medication?	1	2	3	4	5	8	9
E. Light housework?	1	2	3	4	5	8	9
F. Occasional heavy housework?	1	2	3	4	5	8	9
G. Taking care of finances and everyday administrative tasks(e.g.bill payments, bank)	1	2	3	4	5	8	9

Member 5:							
	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refusal
A. Preparing meals?	1	2	3	4	5	8	9
B. Using the telephone?	1	2	3	4	5	8	9
C. Shopping?	1	2	3	4	5	8	9
D. Managing medication?	1	2	3	4	5	8	9
E. Light housework?	1	2	3	4	5	8	9
F. Occasional heavy housework?	1	2	3	4	5	8	9
G. Taking care of finances and everyday administrative tasks(e.g.bill payments, bank)	1	2	3	4	5	8	9
Member 6:							
	No difficulty	Some difficulty	A lot of difficulty	Cannot do at all/ Unable to do	Never tried it/ Do not need to do it	Don't know/ not sure/ don't remember	Refusal
A. Preparing meals?	1	2	3	4	5	8	9
B. Using the telephone?	1	2	3	4	5	8	9
C. Shopping?	1	2	3	4	5	8	9
D. Managing medication?	1	2	3	4	5	8	9
E. Light housework?	1	2	3	4	5	8	9
F. Occasional heavy housework?	1	2	3	4	5	8	9
G. Taking care of finances and everyday administrative tasks(e.g.bill payments, bank)	1	2	3	4	5	8	9

Interviewer, if the answer to question HA1 is 2, 3, or 4 for at least one activity, continue with question HA2. If the answers to all questions are 1, 5, 8 or 9 continue with question PN1.

## FOR PERSONS AGED 65 AND OVER

## Other household activities

The following questions, HA2-HA3, refer to those household activities you have difficulties.

HA2	Do you usually have help with any of these activities?										
P											
	Yes, with at least one activity	1									
	No	2									
	Don't know/not sure/don't remember	8	PN1								
	Refusal	9	PN1						İ		

HA3	Would you need (more) help?					
	Yes, with at least one activity	1				
	No	2				
	Don't know/not sure/don't remember	8				
	Refusal	9	♦			

## FOR PERSONS AGED 15 AND OVER

## Pain

Interviewer, for question PN1 you should hand SHOWCARD 6 with the intensity of bodily pain. The question is about any physical pain you have had during the past 4 weeks.

How much bodily pain have you had du	ıring the p	oast 4 week	s?	•		
None	1	MH1A				
Very mild	2					
Mild	3					
Moderate	4					
Severe	5					
Very severe	6					
Don't know/not sure/don't remember	8					
Refusal	9	▼				

Interviewer, for question PN2 hand SHOWCARD 7 with the possible answers.

During the past 4 weeks, how much did outside the home and housework)?	l pain inte	rfere with y	your no	rmal wo	ork (inc	luding k	ooth wo
Not at all	1						
A little bit	2						
Moderately	3						
Quite a bit	4						
Extremely	5						
Don't know/not sure/don't remember	8						
Refusal	9	▼					

## FOR PERSONS AGED 15 AND OVER

## Mental Health

Interviewer, for questions MH1A-MH1H you should hand SHOWCARD 8 with the questions and the possible answer categories.

## MH1A-MH1H

Over the last 2 weeks, how often have you been bot Member 1:	mereu by any o	i me ionowing p	i onicilis:			
Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

Member	2:

Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

Member 3:						
Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

Member 4:						
Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

Т

Member 6:						
Over the last 2 weeks, how often did you feel	Not at all	Several days	More than half the days	Nearly every day	Don't know/ not sure/ don't remember	Refusal
MH1A Little interest or pleasure in doing things?	1	2	3	4	8	9
MH1B Feeling down, depressed or hopeless?	1	2	3	4	8	9
MH1C Trouble falling or staying asleep, or sleeping too much?	1	2	3	4	8	9
MH1D Feeling tired or having little energy?	1	2	3	4	8	9
MH1E Poor appetite or overeating?	1	2	3	4	8	9
MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family down?	1	2	3	4	8	9
MH1G Trouble concentrating on things, such as reading the newspaper or watching television?	1	2	3	4	8	9
MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?	1	2	3	4	8	9

- 1

#### FOR ALL AGES

# FOR PERSONS YOUNGER THAN 18 YEARS, THE HOUSEHOLD REFERENCE PERSON SHOULD BE INTERVIEWED

## Health care utilization

#### Inpatient care

- Next questions HO1.1-HO2COST3, are about time spent in hospital as an **inpatient**, as well as the corresponding cost for that hospitalization. Only out-of-pocket payments that will not be reimbursed through health insurance scheme should be reported.
- inpatient is a patient who is formally admitted to a hospital/clinic for treatment and/or care and stays for a minimum of one night or more than 24 hours.
- All types of hospitals/ clinics are included.
- Hospitalisation abroad is also included.
- Visits as a day-care or to emergency departments or outpatient visits should not be included.

Interviewer, for women up to age 50 years mention that the time spent in hospital for childbearing should not be included.

HO1.1	In the past 12 months, have you been in h	ospital/o	clinic as an	inpatie	ent, tha	t is ove	ervnigh	t or lo	nger?
P									
	Yes	1	<b>\</b>						
	No	2	НО3						
	Don't know/not sure/don't remember	8	НО3						
	Refusal	9	НО3						

HO1.2 P	How many times in total have you been in as an inpatient? (in case the respondent is in the hospital/cli	•				oroad
	No of hospitalizations: Still in the hospital/clinic for the first time		<b>+</b>			
	this year	-2	НО3			
	Don't know/not sure/don't remember	998	HO3			
	Refusal	999	НО3			

HO1.3	Having in mind each separate hospitalisation, was it a hospital of the;							
P	(do not include any hospitalisation that is no	t completed)						
			1η	2η	3η	4η	5η	6η
	Public Sector		1	1	1	1	1	1
	Private Sector		2	2	2	2	2	2
	Abroad		3	3	3	3	3	3
	Don't know/not sure/don't remember		8	8	8	8	8	8
	Refusal		9	9	9	9	9	9

HO2	How many nights did you spend in hospital each time?							
P			1η	2η	3η	4η	5η	6η
	No of nights:							
	Don't know/not sure/don't remember		998	998	998	998	998	998
	Refusal	*	999	999	999	999	999	999

P	Did you pay for your stay in hospital? If you paid but the whole amount will be reimbursed. For the public sector, even registration fees, "health				_			
			1η	2η	3η	4η	5η	6η
	Yes, I paid all expenses	HO2COST3	1	1	1	1	1	1
	Yes, I paid part of the expenses		2	2	2	2	2	2
	No		3	3	3	3	3	3
	Don't know/not sure/don't remember		8	8	8	8	8	8
	Refusal	<b>*</b>	9	9	9	9	9	9

HO2COST2	Who covered the expenses (all or part)?						
P		1η	2η	3η	4η	5η	6η
	Entitled to healthcare benefits in public sector	1	1	1	1	1	1
	Health Fund from employer (i.e. CYTA, EAC)	2	2	2	2	2	2
	Private insurance (from employer or personal)	3	3	3	3	3	3
	Don't know/not sure/don't remember	8	8	8	8	8	8
	Refusal	9	9	9	9	9	9

Interviewer, if the answer to question HO2COST1 is 1 or 2 continue with question HO2COST3.

If the answer is 3, 8 or 9 continue with question HO3.

HO2COST3								
P	How much did you pay?							
	If you paid but part of the amount will be reimburse	d, please gi	ve only	the am	ount th	at will i	iot be	
	reimbursed.							
	For the public sector, even registration fees, "health	stamps" or	any oth	ner exp	ense sh	ould be	report	ted.
			1η	2η	3η	4η	5η	6η
	Amount (€)		€	€	€	€	€	€
	Don't know/not sure/don't remember		-8	-8	-8	-8	-8	-8
	Refusal	<b>+</b>	-9	-9	-9	-9	-9	-9

#### **Day Care Patients**

Next questions HO3-HO4COST6, are about time spent in hospital as a <u>daycare patient</u>, as well as the corresponding expenses for that admission. Only out-of-pocket payments that will not be reimbursed through health insurance scheme should be reported.

**Daycare patient,** is the patient who is admitted to a hospital/clinic for diagnostic, treatment or other types of health care, but not required to remain overnight.

НО3	In the past 12 months, have you been a	dmitted to	hospital as	a day	patien	t, that i	is admi	tted to	a
P	hospital/clinic for diagnostic, treatment	or other	types of hea	alth car	re, but	not rec	quired 1	to rema	ain
	overnight?								
	Yes	1	\						
	No	2	AM1.1						
	Don't know/not sure/don't remember	8	AM1.1						
	Refusal	9	AM1.1						

HO4	In the past 12 months, how many time	s have you	been admit	ted to	hospita	ıl/clinio	as a d	ay pati	ent?
P									
	No of times/days in the public sector								
	No of times/days in the private sector								
	Don't know/not sure/don't remember	998							
	Refusal	999	\						

Interviewer, if the no of times in the public sector>0 in question HO4, continue with question HO4COST1, otherwise continue with question HO4COST4

HO4COST1 P	Did you pay for these day care hospitalisa If you paid but the whole amount will be rei For the public sector, even registration fees	mbursed	l by a health	insura	ince scl		
	Yes, I paid all expenses Yes, I paid part of the expenses No	1 2 3	HO4COST3				
	Don't know/not sure/don't remember Refusal	8	↓				

HO4COS	T2 Who covered the expenses for these days	are hosp	oitalisations	in the	public	sector	(all or	part)?	
P									
	Entitled to healthcare benefits in public								
	sector	1							
	Health Fund from employer (i.e. CYTA,								
	EAC)	2							
	Private insurance ( from employer or								
	personal)	3							
	Don't know/not sure/don't remember	8							
	Refusal	9							

Interviewer, if the answer to question HO4COST1 is 1 or 2 continue with question HO4COST3. If the answer is 3, 8 or 9 continue with question HO4COST4.

HO4COST3	How much in total did you pay in the pub	lic secto	<u>r</u> ?						
P	If you paid but part of the amount will be re	imburse	d, please giv	e only	the am	ount th	at will i	not be	
	reimbursed.								
	For the public sector, even registration fees,	, "health	stamps" or	any ot	her exp	ense sh	ould b	e repor	ted.
	Amount (€)	€							
	Don't know/not sure/don't remember	-8							ĺ
	Refusal	-9	<b>*</b>						i

Interviewer, if the no of times in the private sector>0 to question HO4, continue with question HO4COST4, otherwise continue with question AM1.1

HO4COST4 P	Did you pay for these day care hospitalisation in the <u>private sector</u> ?  If you paid but the whole amount will be reimbursed by a health insurance scheme, please answer "No".												
	Yes, I paid all expenses Yes, I paid part of the expenses No Don't know/not sure/don't remember Refusal	1 2 3 8 9	HO4COST6										

HO4COST5	Who covered the expenses for these dayc	Who covered the expenses for these daycare hospitalisations in the <u>private sector</u> (all or part)?									
P											
	Entitled to healthcare benefits in public										
	sector	1									
	Health Fund from employer (i.e. CYTA,										
	EAC)	2									
	Private insurance (from employer or										
	personal)	3									
	Don't know/not sure/don't remember	8									
	Refusal	9									

Interviewer, if the answer to question HO4COST1 is 1 or 2, continue with question HO4COST6. If the answer is 3, 8 or 9, continue with question AM1.1.

HO4COST6	How much in total did you pay in the private	ate sect	or?						
P	If you paid but part of the amount will be re	imburse	d, please giv	e only	the am	ount th	at will	not be	
	reimbursed.								
	Amount (€)	€							
	Don't know/not sure/don't remember	-8							
	Refusal	-9	<b>*</b>						

## Ambulatory and home care

#### Dentists or orthodontists

Next set of questions (AM1.1-AM1COST7) is about visits to dentists and orthodontists.

AM1.1	When was the last time you visited a de	ntist or or	thodontist	on you	r own	behalf	(that is	, not w	hile
P	accompanying a child, spouse, etc.)?								
	Less than 6 months ago	1							
	6 - 12 months ago	2							
	12 months ago or longer	3	AM2						
	Never	4	AM2						
	Don't know/not sure/don't remember	8	AM2						
	Refusal	9	AM2						
AM1.2	Did you visit a dentist in the public or p	rivate sec	tor?						
P	Multiple answers are acceptable.								
	Public sector	1							
	Private sector	2							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						
•									
AM1COST	1 Has the treatment you had been comple	eted?							
P									
	Yes	1							
	No	2							
	Don't know/not sure/don't remember	8							
	Refusal	9							

Interviewer, if the answer to question AM1.2 is public sector continue with question AM1COST2, otherwise continue with question AM1COST5

AM1COST2	Did you pay for the treatments you had in If you paid but the whole amount will be reif For the public sector, even registration fees	mbursed	l by a health	insura			
	Yes, I paid all expenses	1	AM1COST4				
	Yes, I paid part of the expenses	2					
	No	3					
	Don't know/not sure/don't remember	8					
	Refusal	9	♦				

AM1COST3	Who covered the expenses for these treat	ments i	n the public	sector	(all or	part)?	•	
P								
	Entitled to healthcare benefits in public							
	sector	1						
	Health Fund from employer (i.e. CYTA,							
	EAC)	2						
	Private insurance (from employer or							
	personal)	3						
	Don't know/not sure/don't remember	8						
	Refusal	9						

	f the answer to question AM1COST2 is 1 or is 3, 8 or 9 continue with question AM1CO		with ques	stion AM	1COST4.		
AM1COST4	How much did you pay in the public sec	etor?					
P	If you paid but part of the amount will be reimbursed. For the public sector, even registration fe	reimbursed		·			ted.
	Amount (€) Don't know/not sure/don't remember Refusal	€ -8 -9	<u> </u>				

Interviewer, if the answer to questionAM1.2 is private sector, continue with question AM1COST5, otherwise continue with question AM2

AM1COST	5 Did you pay for the treatments you had	in the <u>pr</u>	ivate sector	?					
P	If you paid but the whole amount will be r	eimbursed	l by a health	insurai	nce sch	ieme, p	lease a	nswer '	"No".
		T							
	Yes, I paid all expenses	1	AM1COST7						
	Yes, I paid part of the expenses	2							
	No	3							
	Don't know/not sure/don't remember	8							
	Refusal	9	<b>\</b>						

AM1C0	OST6 Who covered the expenses for these trea	tments i	ı the <u>privat</u>	e secto	r (all o	r part)	?	
P								
	Entitled to healthcare benefits in public							
	sector	1						
	Health Fund from employer (i.e. CYTA,							
	EAC)	2						
	Private insurance (from employer or							
	personal)	3						
	Don't know/not sure/don't remember	8						
	Refusal	9						

Interviewer, if the answer to question AM1COST5 is 1 or 2, continue with question AM1COST7. If the answer is 3, 8 or 9, continue with question AM2.

AM1COST	How much did you pay in the <u>private se</u>	ctor?							
P	If you paid but part of the amount will be	eimburse	d, please gi	ve only	the am	ount th	at will i	not be	
	reimbursed.								
	Amount (€)	€							
	Don't know/not sure/don't remember	-8							i
	Refusal	-9	<b>+</b>						

## General Practitioner or Family Doctor

The next set of questions (AM2-AM3COST3) is about consultations with your general practitioner or family doctor. Please include visits to your doctor's office as well as home visits and consultations by telephone or via e-mail.

AM2 P	When was the last time you consulted a general practitioner or family doctor on your own behal (even telephone consultation)										
	Less than 12 months ago	1	<b>\</b>								
	12 months ago or longer	2	AM4								
	Never	3	AM4								
	Don't know/not sure/don't remember	8	AM4								
	Refusal	9	AM4								

AM3.1 P	During the past <u>four weeks</u> ending yesterday, how many times did you consult a general practitioner or family doctor on your own behalf?											
	Number of consultations Don't know/not sure/don't remember Refusal	 98 99	IF AM3.1=0 then AM4									

AM3.2 P	M3.2 If you think each consultation separetaly, did you visit the doctor to his office or did you to on the phone or via email;									
			1η	2η	3η	4η	5η	6η		
	Visit to the doctor's office		1	1	1	1	1	1		
	Consultation on the phone or via email		2	2	2	2	2	2		
	Don't know/not sure/don't remember		8	8	8	8	8	8		
	Refusal	₩	9	9	9	9	9	9		

AM3.3 P	Having in mind each separate visit/consultation, was it a doctor in the public or private sector or abroad?												
				1η	2η	3η	4η	5η	6η				
	Public sector			1	1	1	1	1	1				
	Private sector			2	2	2	2	2	2				
	Abroad			3	3	3	3	3	3				
	Don't know/not sure/don't remember			8	8	8	8	8	8				
	Refusal		<b>+</b>	9	9	9	9	9	9				

Interviewer, if the answer to question AM3.2 is 1 continue with question AM3COST1. If the answer is 2, 8 or 9, continue with question AM4.

AM3COST1 P	OST1 Did you pay for this consultation?  If you paid but the whole amount will be reimbursed by a health insurance scheme, please answer "No For the public sector, even registration fees, "health stamps" or any other expense should be reported.									
			1η	2η	3η	4η	5η	6η		
	Yes, I paid all expenses	AM3COST3	1	1	1	1	1	1		
	Yes, I paid part of the expenses		2	2	2	2	2	2		
	No		3	3	3	3	3	3		
	Don't know/not sure/don't remember		8	8	8	8	8	8		
	Refusal	<b>*</b>	9	9	9	9	9	9		

AM3COST2	Who covered the expenses of the consultation/visit (all or	part)?					
P		1η	2η	3η	4η	5η	6η
	Entitled to healthcare benefits in public sector	1	1	1	1	1	1
	Health Fund from employer (i.e. CYTA, EAC)	2	2	2	2	2	2
	Private insurance (from employer or personal)	3	3	3	3	3	3
	Don't know/not sure/don't remember	8	8	8	8	8	8
	Refusal	9	9	9	9	9	9

Interviewer, if the answer to question AM3COST1 is 1 or 2, continue with question AM3COST3. If the answer is 3, 8 or 9, continue with question AM4.

AM3COS'	Γ3 How much did you pay?										
P	If you paid but part of the amount will be reimbursed, please give only the amount that will not be										
	reimbursed.										
	For the public sector, even registration fees, "health stamps" or any other expense should be reported.										
				•							
				1η	2η	3η	4η	5η	6η		
	Amount (€)			€	€	€	€	€	€		
	Don't know/not sure/don't remember			-8	-8	-8	-8	-8	-8		
	Refusal	1 1	,	-9	-9	-9	-9	-9	-9		

#### Medical or surgical specialists

Next set of questions (AM4-AM5COST3) is about consultations with <u>medical or surgical specialists</u>. Include visits to doctors as outpatient or emergancy departments, as well as home visits and consultations by thelephone or via e-mail.

Do not include contacts while in hospital as an inpatient or daycare patient.

AM4	When was the last time you consulted a	When was the last time you consulted a medical or surgical specialist on your own behalf?									
P											
	Less than 12 months ago	1	\								
	12 months ago or longer	2	AM6								
	Never	3	AM6								
	Don't know/not sure/don't remember	8	AM6								
	Refusal	9	AM6								

<b>AM5.1</b> P	During the <u>past four weeks</u> ending yesterday, how many times did you consult a medical or surgical specialist on your own behalf?												
	Number of consultations		IF AM5.1=0										
	Don't know/not sure/don't remember	98	then AM6										
	Refusal	99											

AM5.2 P	If you think each consultation separetaly, did on the phone or via email;	l you visit the d	loctor to	o his of	fice or	did yo	u talk t	to him
			1η	2η	3η	4η	5η	6η
	Visit to the doctor's office		1	1	1	1	1	1
	Consultation on the phone or via email		2	2	2	2	2	2
	Don't know/not sure/don't remember		8	8	8	8	8	8
	Refusal		9	9	9	9	9	9

AM5.3 P	Having in mind each separate visit/consultat abroad?	Having in mind each separate visit/consultation, was it a doctor in the public or private sector or abroad?									
			1η	2η	3η	4η	5η	6η			
	Public sector		1	1	1	1	1	1			
	Private sector		2	2	2	2	2	2			
	Abroad		3	3	3	3	3	3			
	Don't know/not sure/don't remember		8	8	8	8	8	8			
	Refusal	+	9	9	9	9	9	9			

AM5COST	1 Did you pay for this consultation?									
P	If you paid but the whole amount will be reimbursed by a health insurance scheme, please answer "No".									
	For the public sector, even registration fees, "health stamps" or any other expense should be reported.									
			1η	2η	3η	4η	5η	6η		
	Yes, I paid all expenses	AM5COST3	1	1	1	1	1	1		
	Yes, I paid part of the expenses	1	2	2	2	2	2	2		
	No		3	3	3	3	3	3		
	Don't know/not sure/don't remember		8	8	8	8	8	8		
	Refusal	\ \	9	9	9	9	9	9		

AM5C0	OST2 Who covered the expenses of the consultation/visit (a	ll or part)?					
P		1η	2η	3η	4η	5η	6η
	Entitled to healthcare benefits in public sector	1	1	1	1	1	1
	Health Fund from employer (i.e. CYTA, EAC)	2	2	2	2	2	2
	Private insurance (from employer or personal)	3	3	3	3	3	3
	Don't know/not sure/don't remember	8	8	8	8	8	8
	Refusal	9	9	9	9	9	9

Interviewer, if the answer to question AM5COST1 is 1 or 2, continue with question AM5COST3. If the answer is 3, 8 or 9, continue with question AM6.

AM5COST3	How much did you pay?								
P	If you paid but part of the amount will be reimburse	d, plea	ise giv	e only	the am	ount th	at will r	10t be	
	reimbursed.								
	For the public sector, even registration fees, "health stamps" or any other expense should be reported.								ted.
				1η	2η	3η	4η	5η	6η
	Amount (€)			€	€	€	€	€	€
	Don't know/not sure/don't remember			-8	-8	-8	-8	-8	-8
	Refusal	1	,	-9	-9	-9	-9	-9	-9

### Other health professionals

AM6	In the past 12 months, have you visited o	n you	ır ow	n bel	nalf a	ì	?		
P		Yes	No	Don't know	Refusal				
	A. Physiotherapist/kinesitherapist?	1	2	8	9				
	B. Occupational therapist?	1	2	8	9				
	C. Podiatrist?	1	2	8	9				
	D. Psychologist, psychotherapist or								
	psychiatrist?	1	2	8	9				

### **Home Care**

AM7	In the past 12 months, have you yourself used or received any home care services?											
P	, , ,			Ĭ								
	Yes	1	. ↓									
	No	2	MD1									
	Don't know/not sure/don't remember	8	MD1									
	Refusal	9	MD1									
13551												
	The home care was provided by the pu	ıblic sectoi	r or privat	e sector	?							
AM7.1 P	The home care was provided by the pu Multible choice question	ıblic sectoi	r or privat	e sector	·? 							
		iblic sector	r or privat	e sector	? 							
		iblic sector	or private	e sector	?							
	Multible choice question	1 2	or privat	e sector	?							
AM7.1 P	Multible choice question  Public sector	1	or privat	e sector	?							

### FOR ALL AGES

# FOR PERSONS YOUNGER THAN 18 YEARS, THE HOUSEHOLD REFERENCE PERSON SHOULD BE INTERVIEWED

### Use of medicines

Next questions, MD1-MD2COST2, are about the use of medicines within the past 2 weeks, as well as the corresponding out-of-pocket expenditure for these medicine. Only out-of-pocket payments that will not be reimbursed through health insurance scheme should be reported.

MD1	During the past 2 weeks, have you used a Interviewer for women, contraceptive pills of	ny medi or hormo	cines that v	vere pr lely for	escribe contra	ed to yo	ou by a	doctor	:?
P	excluded.					1			
			ı						
	Yes	1	. ↓						
	No	2	MD2						
	Don't know/not sure/don't remember	8	MD2						
	Refusal	9	MD2						
MD1COST1	During the past 2 weeks, did you pay for	these pr	escribed m	edicatio	on?				
P	If you paid but the whole amount will be rei	mbursea	l by a health	insura	nce sch	ieme, p	lease a	nswer '	'No".
	For the public sector, even registration fees	, "health	stamps" or	any oth	ner exp	ense sh	ould be	e repor	ted.
								1	
	Yes, I paid all expenses	1	MD1COST3						
	Yes, I paid part of the expenses	2							
	No, the cost was covered	3							
	No, I had them at home	4							
	Don't know/not sure/don't remember	8							
	Refusal	9	<b>\</b>						
MD1COST2	Who covered the expenses for the medica	tion (all	or part)?						
P	_								
	Entitled to healthcare benefits in public								
	sector	1							
	Health Fund from employer (i.e. CYTA,								
	EAC)	2							
	Private insurance (from employer or	2							
	1	2							
	personal)	3							
	Be purchased before the past 2 weeks	4							
	Don't know/not sure/don't remember	8							
	Refusal	9							
	f the answer to question MD1COST1 is 1 or 2	2, then c	ontinue with	questi	on MD	ICOST	3.		
If the answer	is 3, 8 or 9, go to question MD2.								
MD1COST3									
P	How much did you pay in governmental p								
	If you paid but part of the amount will be re	imburse	d, please gi	e only	the am	ount th	at will i	not be	
	reimbursed.								
	For the public sector, even registration fees	, "health	stamps" or	any oth	ner exp	ense sh	ould be	e repor	ted.
	Amount (€)	€	1						
	Don't know/not sure/don't remember	-8							
	Refusal	-9	\						
MD1COST4	How much did you pay in private pharma	acies?							1
P	If you paid but part of the amount will be re		d. please oi	e only	the am	ount th	at will i	not he	
[	reimbursed.	ourse	a, picase gr	. c omy		cont til	17 111 1	00	
	тетьмизец.								
	Amount (f)	ے ح							
	Amount (€)	€							
	Don't know/not sure/don't remember	-8	↓						
	Refusal	-9	•						

P	During the past 2 weeks, have you used	any medi	cines or he	rbal m	edicine	s or vit	amins	that w	ere
r	not prescribed to you by a doctor?  Interviewer for women, contraceptive pilities excluded.	ls or hormo	nes used s	olely for	· contra	ception	ı should	d be	
	Yes	1	1						
	No	1 2	<b>↓</b> PA1A						
	Don't know/not sure/don't remember	8	PA1A						
	Refusal	9	PA1A						
MD2COS P	T1 How much did you pay during the past If you paid but part of the amount will be reimbursed.					ount th	at will i	not be	
	Amount (€) Don't know/not sure/don't remember	-8							
	Refusal	-6 -9	<b>↓</b>						
<b>.</b>									
Prevention									
Flu vaccin									
Questions	PA1A-PA1C, are about preventive vaccination	on against f	lu.						
PA1A	Have you ever been vaccinated against	flu?							
	V	1	1						
	Yes No	1 2	<b>▼</b> PA2						
	Don't know/not sure/don't remember	8	PA2						
	Refusal	9	PA2						
PA1B	When was the last time you've been vac	cinated ag	ainst flu?						
			1						
	During 2014	1							
	During 2013	2	<b>*</b>						
	Before 2013 Don't know/not sure/don't remember	3 8	PA2 PA2						
	Refusal	9	PA2						
PA1C		as that?							
PA1C	Can you define during which month wa	as that?							
PA1C		as that?	<b>+</b>						
PA1C	Can you define during which month was Month (01, 02,, 12, 99)								
PA1C	Can you define during which month wa			ER					
	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS	S AGED 15	S AND OW						
PA1C Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS	S AGED 15	S AND OW		a healt	h prof	essiona	ıl?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood	S AGED 15	S AND OW		a healt	h profe	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months	S AGED 15	S AND OW		a healt	h prof	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood	S AGED 15	S AND OW		a healt	h profe	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago	S AGED 15  pressure  1 2	S AND OW		a healt	h prof	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never	5 AGED 15  1 pressure  1 2 3 4 5	S AND OW		a healt	h prof	essiona	1?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember	5 AGED 15  1 pressure  1 2 3 4 5 8	S AND OW		a healt	h prof	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never	5 AGED 15  1 pressure  1 2 3 4 5	S AND OW		a healt	h prof	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal	5 AGED 15  1 pressure  1 2 3 4 5 8	S AND OW		a healt	h prof	essiona	11?	
Blood pre	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal	1 2 3 4 5 8 9	S AND OV	ared by					
Blood pre PA2 Blood cho	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal slesterol  When was the last time that your blood When was the last time that your blood	1 2 3 4 5 8 9	S AND OV	ared by					
Blood pre PA2 Blood cho	Can you define during which month way Month (01, 02,, 12, 99)  FOR PERSONS  ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal  When was the last time that your blood Within the past 12 months	1 2 3 4 5 8 9	S AND OV	ared by					
Blood pre PA2 Blood cho	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal slesterol  When was the last time that your blood When was the last time that your blood	1 2 3 4 5 8 9	S AND OV	ared by					
Blood pre PA2 Blood cho	Can you define during which month was Month (01, 02,, 12, 99)  FOR PERSONS ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago or more Never Don't know/not sure/don't remember Refusal  When was the last time that your blood Within the past 12 months 1-3 years ago	1 2 3 4 5 8 9	S AND OV	ared by					
Blood pre PA2 Blood cho	Can you define during which month way Month (01, 02,, 12, 99)  FOR PERSONS  ssure  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 5 years ago or more Never Don't know/not sure/don't remember Refusal  When was the last time that your blood Within the past 12 months 1-3 years ago 3-5 years ago 3-5 years ago 3-5 years ago	1 2 3 4 5 8 9 9 Cholester	S AND OV	ared by					

### Blood sugar

PA4	When was the last time that your blood	l sugar wa	s measured	l by a h	ealth p	rofessi	ional?	
	Within the past 12 months	1						
	1-3 years ago	2						
	3-5 years ago	3						
	5 years ago or more	4						
	Never	5						
	Don't know/not sure/don't remember	8						
	Refusal	9	\ \					

### Test for Intestinal organ cancer

PA5.1	TT 1 1 6 1 1/11	1.4.40							
PA5.1	Have you ever had a faecal occult blood			1		1	C	.1	.1 .
	The aim of the test is to detect subtle bloc	oa ioss in th	e gastroint	estinai	tract, a	nywner	e from	tne moi	ath to
	the colon.			T	1	1			T
	Yes	1	<b>↓</b>						
	No.	2	▼ PA6.1						
	Don't know/not sure/don't remember	8	PA6.1						
	Refusal	9	PA6.1						
PA5.2	When was the last time you had a faeca	al occult bl	ood test?	1	1	1	1		
	Within the past 12 months	1	1	-					
	1-2 years ago	2							1
	2-3 years ago	3							1
	3 years ago or more	4							1
	Don't know/not sure/don't remember	8							1
	Refusal	9	<b>+</b>						
DA C 1									
PA6.1	Have you ever had a colonoscopy?			1	1	1	l		1
	Yes	1	<b>↓</b>						
	No	2	PA7.1						
	Don't know/not sure/don't remember	8	PA7.1						1
	Refusal	9	PA7.1						
PA6.2	1777								
PA0.2	When was the last time you had a color	ioscopy?		T		1	I		T
	Within the past 12 months	1	1						
	1-5 years ago	2							1
	5-10 years ago	3							ĺ
	10 years ago or more	4							ĺ
	Don't know/not sure/don't remember	8							ĺ
	Refusal	9	*	1	l	l			1

The following questions PA7.1-PA8.2 refer to women aged 15 and over.

If the respondent is male aged 15+ you should continue with question UN1A1.

### Mammography

0 .: D.F.I.D.F.C	
Questions PA7.1-PA7.2 are about mammography.	
TO destions 1 A / .1-1 A / .2 are about manimography.	

PA7.1	Have you ever had a mammography (breast X-ray)?									
	Yes	1	\							
	No	2	PA8.1							
	Don't know/not sure/don't remember	8	PA8.1							
	Refusal	9	PA8.1							

PA7.2	When was the last time you had a mam	mography	(breast X-	ray)?			
	Within the past 12 months	1					
	1-2 years ago	2					
	2-3 years ago	3					
	3 years ago or more	4					
	Don't know/not sure/don't remember	8					
	Refusal	9	▼				

### Cervical smear test

Questions PA8.1-PA8.2 are about cervical smear test.

PA8.1	Have you ever had a cervical smear tes	t (Pap smo	ear test)?			
	Yes	1	♦			
	No	2	UN1A1			
	Don't know/not sure/don't remember	8	UN1A1			
	Refusal	9	UN1A1			

PA8.2	When was the last time you had a cervice	cal smear	test (Pap s	mear t	est)?		
			_				
	Within the past 12 months	1					
	1-2 years ago	2					
	2-3 years ago	3					
	3 years ago or more	4					
	Don't know/not sure/don't remember	8	1 1				
	Refusal	9	•				

### Unmet needs for health care

Next questions, UN1-UN2, are about any unmet needs for health care due to long waiting lists or cost or distance from a health care institution.

UN1	In the past 12 months, have you experienced delay	in getti	ng health	care, be	cause	••••	
			Yes	No, I didn't face any delay	No need for health care	Don't know	Refusal
	A.The time needed to obtain an appointment was too	1					
	long?		1	2	3	8	9
	B. Of distance or transport problems?	<b>\rightarrow</b>	1	2	3	8	9

UN2	In the past 12 months, was there any time when yo could not afford it?	u needo	ed the foll	lowing ki	nds of hea	lth care, l	out
			Yes	No, I could afford it	No need for	Don't know	Refusal
	A. Medical care	ı	1	2	3	8	9
	B. Dental care		1	2	3	8	9
	C. Prescribed medicines	ΙŢ	1	2	3	8	9
	D. Mental Health Care		1	2	3	8	9

### FOR ALL AGES

### Body mass index

Questions BM1-BM2,	refer to weight and height.	

BM1	How tall are you without shoes?					
	Height	cm	l I			
	Don't know/not sure/don't remember	8				
	Refusal	9	♥			

BM2	How much do you weigh without clothes a	nd shoes	?			
	Interviewer, for pregnant women, ask the wei	ght befor	re the p	regnancy.		
	Weight	kg				
	Don't know/not sure/don't remember	8				
	Refusal	9	♦			

### Physical activity/ exercise

The following questions, PE1-PE8, are about the time spent doing different types of physical activity/exercise in a typical week. Please answer these questions even if you do not consider yourself to be a physically active person.

### Work-related physical activity

Think about the TIME you spend doing work, e.g. paid and unpaid work, work around your home, taking care of family, studying or training.

Interviewer, for question PE1 please hand SHOWCARD 9 presenting the answer categories and examples of the activities included under each category.

PE1	When you are WORKING, which of the	followin	g best desci	ribes wl	nat you	do? Wo	ould you	ı say	
	Mostly sitting or standing	1							
	Mostly walking or tasks of moderate								
	physical effort	2							
	Mostly heavy labour or physically								
	demanding work	3							
	Not performing any working tasks	4							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						

### Commuting activities (getting to and from places)

For the next questions EXCLUDE the WORK-RELATED PHYSICAL ACTIVITIES that you have already mentioned. Now I would like to ask you about the way you usually GET TO AND FROM PLACES, e.g. to work, to school, for shopping, or to market.

PE2	In a typical week, on how many days do	you WA	LK for at le	east 10 ı	minutes	contin	uously i	n order	to get
	to and from places?								
			ı						
	Number of days (1-7 days)								
	I never carry out such physical activities	0	PE4						
	Don't know/not sure/don't remember	8	PE4						
	Refusal	9	PE4						

Interviewer, for questions PE3 and PE5 please hand SHOWCARD 10 presenting the answer categories.

PE3	How much time do you spend walking in walk?	order to	get to and	from p	laces or	a typic	al <u>day</u> (	on whic	h you
			1						
	10-29 minutes	1							
	30-59 minutes	2							
	1-2 hours	3							
	2-3 hours	4							
	3 hours or more	5							
	Don't know/not sure/don't remember	8							
	Refusal	9	▼						

PE4	In a typical week, on how many days do and from places?	you BIC	YCLE for	at least	10 min	utes con	tinuous	sly to ge	t to
	Number of days (1-7 days)		▼						
	I never carry out such physical activities	0	PE6						
	Don't know/not sure/don't remember	8	PE6						
	Refusal	9	PE6						
PE5	How much time do you spend bicycling i bicycle?	n order t	o get to ar	nd from	places o	on a typ	ical <u>day</u>	on wh	ich yo
	10.20		1						<u> </u>
	10-29 minutes	1							
	30-59 minutes	2							
	1-2 hours	3							
	2-3 hours	4							
	3 hours or more	5							
	Don't know/not sure/don't remember	8							
	Refusal	9	₩						
	_		•	_	_		•	•	
ntervi nder	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continuo  Number of days (1-7 days)	isure) phy	sical activ	rities".					
ntervi nder	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continuo	you carry	y out spor	rities".					
	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continuous.  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?	you carry you carry ously?	y out spor  PE8 PE8 PE8	ts, fitnes	ss or rec	creation	aal (leisu	re) phy	vsical
ntervi inder	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continuous.  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes	you carry you carry ously?  8 9 sports, fi	y out spor  PE8 PE8 PE8	ts, fitnes	ss or rec	creation	aal (leisu	re) phy	vsical
ntervi inder	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continue  Number of days (1-7 days)  I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember	you carry you carry ously?  0 8 9 sports, fi	y out spor  PE8 PE8 PE8	ts, fitnes	ss or rec	creation	aal (leisu	re) phy	vsical
PE6	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continuous.  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes	you carry you carry ously?  8 9 sports, fi	y out spor  PE8 PE8 PE8 PE8	ts, fitnes	nal (leis	sure) ph	al (leisu	ctivities	rsical
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continue.  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCAry "physical activities to strengthen muscles".	you carry you carry ously?  0 8 9  sports, fi 98 99	y out spor  PE8 PE8 PE8 PE8 resenting 6	rities".  ts, fitnes  recreation	nal (leis	sure) ph	nal (leisu nysical a	ctivities	rsical
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continue  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCA	you carry you carry you carry 0 8 9 sports, fi: 98 99 ARD 12 p	y out spor  PE8 PE8 PE8 PE8 PE8 v out resenting 6	examples	nal (leis	sure) ph	al (leisu nysical a	ctivities	s in a
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (leteral In a typical week, on how many days do activities for at least 10 minutes continuous. Number of days (1-7 days)  I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCA ry "physical activities to strengthen muscles".  In a typical week, on how many days do STREGTHEN your muscles such as doin elastic band, own body weight?	you carry you carry you carry 0 8 9 sports, fi: 98 99 ARD 12 p	y out spor  PE8 PE8 PE8 PE8 PE8 v out resenting 6	examples	nal (leis	sure) ph	al (leisu nysical a	ctivities	s in a
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (leteral In a typical week, on how many days do activities for at least 10 minutes continuous. Number of days (1-7 days)  I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCATY "physical activities to strengthen muscles".  In a typical week, on how many days do STREGTHEN your muscles such as doir elastic band, own body weight?  Number of days (1-7 days)	you carry yously?  0 8 9 sports, fi 98 99  ARD 12 p you carry ng resista	y out spor  PE8 PE8 PE8 PE8 PE8 v out resenting 6	examples	nal (leis	sure) ph	al (leisu nysical a	ctivities	s in a
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (le  In a typical week, on how many days do activities for at least 10 minutes continue  Number of days (1-7 days) I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCA ry "physical activities to strengthen muscles".  In a typical week, on how many days do STREGTHEN your muscles such as doir elastic band, own body weight?  Number of days (1-7 days) I never carry out such physical activities	you carry you carry you carry 0 8 9 sports, fi: 98 99 ARD 12 p	y out spor  PE8 PE8 PE8 PE8 PE8 v out resenting 6	examples	nal (leis	sure) ph	al (leisu nysical a	ctivities	s in a
PE6 PE7	ewer, for questions PE6 and PE7 please hand the category "sports, fitness or recreational (leteral In a typical week, on how many days do activities for at least 10 minutes continuous. Number of days (1-7 days)  I never carry out such physical activities Don't know/not sure/don't remember Refusal  How much time in total do you spend on typical week?  Hours: Minutes Don't know/not sure/don't remember Refusal  ewer, for question PE8 please hand SHOWCATY "physical activities to strengthen muscles".  In a typical week, on how many days do STREGTHEN your muscles such as doir elastic band, own body weight?  Number of days (1-7 days)	you carry yously?  0 8 9 sports, fi 98 99  ARD 12 p you carry ng resista	y out spor  PE8 PE8 PE8 PE8 PE8 v out resenting 6	examples	nal (leis	sure) ph	al (leisu nysical a	ctivities	s in a

### Consumption of fruit and vegetables

Questions FV1-FV4 concern the consumption of fruits and vegetable and fresh juices only.

		1 .		
very day	1			
6 times a week	2	FV3		
-3 times a week	3	FV3		
ess than once a week	4	FV3		
Vever	5	FV3		
Oon't know/not sure/don't remember	8	FV3		
Refusal	9	FV3		

For question FV2, please hand SHOWCARD 13 with the examples of the fruit included in each portion.

FV2	How many portions of fruit do you eat ea	ch day?	1						
	Number of portions Don't know/not sure/don't remember Refusal	 8 9	<b></b>						
EX./2				1.	•	1 6	•	4 4 9	•
FV3	How often do you eat vegetables or salad	, excludi I	ing potatoes	s and ju	ice mac	ie irom	concen	trate?	ı
	Every day	1	↓						
	4-6 times a week	2	SK1						
	1-3 times a week	3	SK1						
	Less than once a week	4	SK1						
	Never	6	SK1						
	Don't know/not sure/don't remember	8	SK1						
	Refusal	9	SK1						

For question FV4, please hand SHOWCARD 14 with the examples of the vegetables included in each portion.

FV4	How many portions of vegetables or salad	d do you	eat each da	ay?			
			1				
	Number of portions						
	Don't know/not sure/don't remember	8					
	Refusal	9	*				

### Smoking

Questions SK1-SK4 are about your smoking habits and exposure to tobacco smoke.

SK1	Do you smoke?					
P						
	Yes, daily	1				
	Yes, occasionally	2				
	Not at all	3	SK4			
	Don't know/not sure/don't remember	8	SK4			
	Refusal	9	SK4			

SK2	What type of tobacco product do you me	ostly consu	me?			
P						
	Cigarettes (manufactured and/or hand-					
	rolled	1				
	Cigars	2				
	Pipe tobacco	3				
	Other	4				
	Don't know/not sure/don't remember	8				
	Refusal	9				

Interviewer, if the answers to questions SK1 and SK2 are 1, then continue with question SK3. If the answers to questions SK1 and SK2 are 2, 3, 4, 8 or 9, go to question SK4.

SK3	On average, how many cigarettes, do y	ou smoke ea	ach day?			
P						
	Number of cigarettes		l 1			
	(manufactured or hand-rolled)					
	Don't know/not sure/don't remember	8				
	Refusal	9	♦			

SK4	How often are you exposed to tobacco s restaurants, in buses, etc.?	moke indoo	ors, e.g. at h	ome, at	work,	at publi	c places	s, at	
	restaurants, in buses, etc.:								
	Never or almost never	1							
	Less than 1 hour per day	2							
	1 hour or more a day	3							
	Don't know/not sure/don't remember	8							
	Refusal	9	•						

### Alcohol consumption

Questions AL1-AL6, are about your use of alcoholic beverages during the past 12 months. For question AL1 please hand SHOWCARD 15, with the possible answers.

In the past 12 months, how often have yo zivania, whiskey, ouzo, liquor, alcoholic of			y kind	l (beer,	wine, b	randy,
in the state of th		JI COLLOIS OF				
Every day or almost every day	1					
5-6 days a week	2					
3-4 days a week	3					
1-2 days a week	4	\				
2-3 days in a month	5	AL6				
Once a month	6	AL6				
Less than once a month	7	AL6				
Not in the past 12 months, as I no longer						
drink alcohol	8	SS1				
Never, or only a few sips or trials, in my						
whole life	9	SS1				
Don't know/not sure/don't remember	98	SS1				
Refusal	99	SS1				

For question AL2 please hand SHOWCARD 16, with the possible answer categories.

AL2 Thinking of Monday to Thursday, on h	ow many of	f these 4 day	ys do you	usual	ly drinl	k alcoho	ol?	
Number of days (1-4 days) On none of the 4 days Don't know/not sure/don't remember Refusal	0 8	AL4 AL4 AL4			•			

For question AL3 please hand SHOWCARD 17 and the additional card, presenting what a standard drink is.

16 or more drinks a day	1				
10-15 drinks a day	2				
6-9 drinks a day	3				
4-5 drinks a day	4				
3 drinks a day	5				
2 drinks a day	6				
1 drink a day	7				
0 drink a day	8				
Don't know/not sure/don't remember	98				
Refusal	99	▼			

For question AL4 please hand SHOWCARD 18, with the possible answer categories.

AL4	Thinking of Friday to Sunday, on how ma	any of the	se 3 days d	o you us	sually d	rink ald	cohol?	
	Number of days (1-3 days)		♦					
	On none of the 3 days	0	AL6					
	Don't know/not sure/don't remember	8	AL6					
	Refusal	9	AL6					

alcohol?				
16 or more drinks a day	1			
10-15 drinks a day	2			
6-9 drinks a day	3			
4-5 drinks a day	4			
3 drinks a day	5			
2 drinks a day	6			
1 drink a day	7			
0 drink a day	8			
Don't know/not sure/don't remember	98			
Refusal	99	▼		

		1			
Every day or almost every day	1				
5-6 days a week	2				
3-4 days a week	3				
1-2 days a week	4				
2-3 days in a month	5				
Once a month	6				
Less than once a month	7				
Not in the past 12 months	8				
Never in my whole life	9				
Don't know/not sure/don't remember	98				
Refusal	99	▼			

# Social support

SS1	How many people are so close to you that	at you can	count on th	em if yo	u have	serious	person	al prob	lems?
	None	1							
	1 or 2	2							
	3 to 5	3							
	6 or more	4							
	Don't know/not sure/don't remember	8							
	Refusal	9	♦						

SS2	How much concern do people show in water (Five-point Likert scale, 1 is the most)	hat you ar	e doing?			
	A lot of concern and interest	1				
	Some concern and interest	2				
	Uncertain	3				
	Little concern and interest	4				
	No concern and interest	5				
	Don't know/not sure/don't remember	8				
	Refusal	9	♦			

money, Five-point Likert scale, 1 is the e	asiest)		т —	1	1	ı	ı	1
Very easy	1	1						-
Easy	2							
Possible	3							
Difficult	4							
Very difficult	5							
Don't know/not sure/don't remember	8							
Refusal	9	♦						

Yes	1	Т Т			
	2	, <b>V</b>			
No	2				
Don't know/not sure/don't remember	8	END			
Refusal	9	J			

IC2	What is your relationship with that per	rson?							
	In case multiple persons are involved, an	answer show	ıld be given	for the o	one to w	hom the	e most c	are is	
	provided.								
	He/she is a member of my family	1							
	Not member of my family	2							1
	Don't know/not sure/don't remember	8							1
	Refusal	9	▼						

IC3	For how many hours per week do you	orovide car	e or assistar	ıce?			
	Less than 10 hours per week	1					
	10-20 hours per week	2					
	20 or more hours per week	3	END				
	Don't know/not sure/don't remember	8					
	Refusal	9					ĺ

# Συμπλήρωση από τον απογραφέα

PROXY Η συνέντευξη έγινε στο ίδ	οιο το άτομο που επιλέγηκ	ε ή κάποιο άλλο μέλος του νοικοκυριού απάντησε στη
θέση του;		
Στο ίδιο το άτομο	1	
Άλλο μέλος του νοικοκυρι	ού 2	ΤΕΛΟΣ
Παρακαλώ καθορίστε		

# **SHOWCARD INCOME (HHINCOME2)**

HHINCOME2. Thinking of the net monthly income of your household, i.e summing up the net monthly income of all the mebmers of your househols, in which category does it fall?
Up to 900€
901€1200€
1201€1500€
1501€1900€
2001€2300€
2301€2800€
2801€3500€
3501€4000€
4001€5500€
More than 5501€

# SHOWCARD 1 (CD)

Cl	D1. During the past 12 months, have you had any of the following diseases or conditions?
a	Asthma (allergic asthma included)
b	Chronic bronchitis, chronic obstructive pulmonary disease, emphysema
С	Myocardial infarction (heart attack) or chronic consequences of myocardial infarction
d	Coronary heart disease or angina pectoris
e	High blood pressure (hypertension)
f	Stroke (cerebral haemorrhage, cerebral thrombosis) or chronic consequences of stroke
g	Arthrosis (arthritis excluded)
h	Rheumatoid arthritis
i	Lupus erythematosus
j	Osteoarthritis
k	Osteoporosis
1	Low back disorder or other chronic back defect
m	Neck disorder or other chronic neck defect
n	Spinal cord injury
О	Diabetes (gestational diabetes excluded)
p	Allergy (e.g. rhinitis, hay fever, eye inflammation, dermatitis, food allergy or other allergy). Allergic asthma excluded.
q	Cirrhosis of the liver
r	Urinary incontinence, problems in controlling the bladder
s	Kidney problems
t	Cancer (malignant tumour, also including leukaemia and lymphoma)
u	Depression
v	Autism
w	Down syndrome
Х	Altzhaimers disease
У	Anorexia nervosa

### SHOWCARD 2 (AC)

# AC1 In the past 12 months, have you had any accident (road traffic accident, home accident or leisure accident) resulting in injury? Injuries resulting from poisoning or inflicted by animals or insects are also included. Injuries caused by wilful acts of other persons are excluded. A. Road traffic accident

B. Home accident

C. Leisure accident

# SHOWCARD 3 (PL)

Answer categories for questions PL2, PL4, PL5, PL6, PL7	
No difficulty	
Some difficulty	
A lot of difficulty	
Cannot do at all / Unable to do	

# SHOWCARD 4 (PC)

Activities for question PC1
A. Feeding yourself
B. Getting in and out of a bed or chair
C. Dressing and undressing
D. Using toilets
E. Bathing or showering

Answers for question PC1	
No difficulty	
Some difficulty	
A lot of difficulty	
Cannot do at all / Unable to do	

# SHOWCARD 5 (HA)

Activities for question HA1
A. Preparing meals
B. Using the telephone
C. Shopping
D. Managing medication
E. Light housework
F. Occasional heavy housework
G. Taking care of finances and everyday administrative tasks (e.g. bill payments, bank)

Answers for question HA1
No difficulty
Some difficulty
A lot of difficulty
Cannot do at all / Unable to do
Never tried it/ Do not need to do it

# SHOWCARD 6 (PN1)

	Intensity of bodily pain for question PN1
No pain	
Very mild	
Mild	
Moderate	
Severe	
Very severe	

# SHOWCARD 7 (PN2)

Answer categories for question PN2
Not at all
A little bit
Moderately
Quite a bit
Extremely

### SHOWCARD 8 (MH1)

MH1 Over the last 2 weeks, how often have you been bothered by any of the following problems?
MH1A Little interest or pleasure in doing things?
MH1B Feeling down, depressed or hopeless?
MH1C Trouble falling or staying asleep, or sleeping too much?

MH1D Feeling tired or having little energy?

MH1E Poor appetite or overeating?

MH1F Feeling bad about yourself or that you are a failure or have let yourself or your family

MH1G Trouble concentrating on things, such as reading the newspaper or watching television

MH1H Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fridgety or restless that you have been moving around a lot more than usual?

	Answer categories for question MH1
Not at all	
Several days	
More than half the days	
Nearly every day	

# SHOWCARD 9 (PE1)

# PE1 When you are <u>working</u>, which of the following best describes what you do? Would you say...

Mostly sitting or standing
1005try Steing of Standing
- Light office work (reading, writing, drawing, using the computer, talking, talking on the phone)
- Driving a car or truck
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- Teaching
- Sewing
- Selling products in a supermarket or bakery
- Hair styling
- Directing traffic
Mostly walking or doing tasks of moderate physical effort
- Delivering letters
- Carrying light loads
- Watering the lawn or garden
- Electrical work
- Plumbing
- Automotive repairs
- Painting the house
- Nursing
- Multiple household chores of moderate effort such as cleaning the house, vacuuming, etc
- Shopping
- Playing with children
Mostly heavy labour or physically demanding work
- Using heavy power tools
- Heavy construction work
- Mining
- Carrying heavy loads
- Loading or unloading of heavy loads

# SHOWCARD 10 (PE3&PE5)

PE3, PE5  Time consumed on walking or bicycling in order to get to and from places:
10-29 minutes
30-59 minutes
1-2 hours
2-3 hours
3 hours or more

# SHOWCARD 11 (PE6-PE7)

Sports, fitness and recreational (leisure) physical activities ACTIVITIES that cause AT LEAST a small increase in breathing or heart rate
- Brisk walking
- Ball games
- Jogging
- Bicycling
- Swimming
- Aerobics
- Rowing
- Badminton

# SHOWCARD 12 (PE8)

Muscle-strengthening activities	
- Resistance training	
- Weights	
- Elastic band	
- Knee bends (squats)	
- Push-ups	
- Sit-ups	

# SHOWCARD 13 (FV1)

1 portion of fruit could be:
- 1 apple
- 1 pear
- 1 peach
- 1 orange
- 2 mandarins
- 1 slice of water melon/ melon (restaurant portion)
- 7 small strawberries
- 14 cherries
- 2 plums
- 2 kiwi
- 3 spoons of fruit salad (not containing canned fruit or sugar)
- 1 small glass (150ml) fresh fruit juice

# SHOWCARD 14 (FV4)

1 portion of vegetables could be:
- 2 pieces of broccoli
- 2 large pieces of cauliflower
- 4 spoons of cabbage, spinach, spring beans, green beans
- 1 medium sized tomato
- 1 cucumber
- 1 carrot
- 3 spoons of Brussels sprouts
- 3 spoons of fresh salad
- 1 small glass (150ml) fresh vegetable juice

# SHOWCARD 15 (AL1)

Kinds of alcoholic drinks	
Beer	
Wine	
Brandy	
Zivania	
Koumantaria (national liquor)	
Whiskey	
Ouzo	
Liquor	
Alcoholic coctails	
Breezers	
Beer with fruit flavour	

Frequency of consumption of an alcoholic drink
Every day or almost every day
5-6 days a week
3-4 days a week
1-2 days a week
2-3 days in a month
Once a month
Less than once a month
Not in the past 12 months, as I no longer drink alcohol
Never, or only a few sips or trials, in my whole life

# SHOWCARD 16 (AL2)

Frequency of consumption of an alcoholic drink for Monday-Thursday
On all 4 days
On 3 of the 4 days
On 2 of the 4 days
On 1 of the 4 days
On none of the 4 days

# SHOWCARD 17 (AL3, AL5)

1 alcoholic beverage could be (see relevant card)
1 tin of beer (330ml)
1 glass of wine (0,125ml)
1 shot of zivania (20ml)
1 shot of liquor (20ml)
1 brandy (30 ml, the standard amount served in bars)
1 whiskey (40ml, the standard amount served in bars)
1 breezer (330ml)

Number of alcoholic drinks
16 or more drinks a day
10-15 drinks a day
6-9 drinks a day
4-5 drinks a day
3 drinks a day
2 drinks a day
1 drink a day
0 drink a day

# SHOWCARD 18 (AL4)

Frequency of consumption of an alcoholic drink for Friday-Sunday
On all 3 days
On 2 of the 3 days
On 1 of the 3 days
On none of the 3 days



1 small glass of beer (5%) = 330ml =

1 small tin

(less than a 500ml pint served in pubs)



1 glass of wine (12%) = 125ml

(less than the 180ml contained in a small bottle of wine served in restaurants)



1 glass of champagne (12%) = 100ml

(i.e. 1 glass of champagne served in the "narrow" glass)



1 glass of whisky (40%) = 40ml

(i.e 1 portion as served in bars)



1 glass of votka (40%) = 40ml

(i.e 1 portion as served in bars)

1 σφηνάκι βότκα = 20ml



1 glass of martini/campari (40%) = 25ml (i.e 1 portion as served in bars)



1 glass of liquor (40%) = 35ml (i.e 1 portion as served in bars)



1 glass of ouzo (40%) = 40ml (i.e 1 portion as served in bars)



1 glass of brandy/ koumantaria (40%) = 30ml (i.e 1 portion as served in bars)



1 breezer/ smirnof ice/ beer with fruit flavor (5%) = 330ml