

GENERAL HEALTH STATUS OF THE POPULATION

aged 15 and over, 2019

SELF-PERCEIVED GENERAL HEALTH



Very good
50,8%



Good
30,1%



Fair
14,2%



Bad or very bad
4,9%

FREQUENCY OF SELECTED DISEASES IN THE PAST 12 MONTHS



High blood pressure
18,9%



Neck disorder
9,8%



Cholesterol-Triglycerides
17,6%



Arthritis
9,6%



Low back disorder
15,3%



Diabetes
7,0%

USE OF HEALTH CARE SERVICES

In the past 12 months

● Hospital admission with overnight stay: 8,9%

Visit to a:

● general practitioner or family doctor: 67,6%

● medical or surgical specialist: 60,2%

● dentist or orthodontist: 60,0%

CHRONIC* PROBLEM – ILLNESS

* Chronic is the health problem which has lasted or is expected to last for 6 months or more

TOTAL

47,7%

MALES
45,8%

FEMALES
49,4%

PREVENTIVE HEALTH CARE SERVICES (in the past 12 months)

Flu vaccination

7,1%

Blood sugar measurement

63,3%

Blood cholesterol / triglycerides measurement

63,3%

Blood pressure measurement

70,1%

WOMEN

Having the exam at least once in lifetime

51,5%

75,9%

Mammography

Pap test

PHYSICAL ACTIVITY SPORTS, FITNESS, RECREATIONAL (LEISURE)

(At least once a week)

38,0%

Males

32,5%

Females

BODY MASS INDEX (BMI): KG/M²

Underweight (<18,5)
Normal weight (18,5-24,99)
Overweight (25,0-29,99)
Obese (>=30,0)

41,1%

41,9%

1,2%

15,8%

6,3%

53,8%

26,3%

13,5%

Males

Females

MEDICINE USE

Prescribed medicines

42,1%

Non prescribed medicines

56,9%

HEALTHY NUTRITION

FRUITS CONSUMPTION

(At least once daily)

56,6%

Males

63,1%

Females

VEGETABLES CONSUMPTION

(At least once daily)

44,6%

Males

51,5%

Females

SMOKING DAILY SMOKERS

32,2%

Males

13,3%

Females